World No Tobacco day - 31st May 2015

**Theme:** “Stop illicit trade of tobacco products”

**Activities conducted in North and South Goa District Hospital**

**Programme conducted in the month of May and on 31st May 2015 being “World No Tobacco Day”**

In order to commemorate World No Tobacco Day which is on 31st May 2015, TCC Staff of Hospicio Hospital Margao organized an awareness talk on 9/5/2015 at Jan Ugahi Office Margao on “Ill effects of tobacco” in collaboration with an NGO Jan Ugahi working with street children and women with Domestic Violence. This programme was held for school children of government school from Salcete Taluka. There were around 50 students. Mrs. Carol Noronha e Gomes, Counselor, gave talk on Ill effects of tobacco & Drugs. An interactive session was held with the students. Videos showing harmful effects such as cancer due to smoking and chewing tobacco were shown. A pledge was taken by the students “We Pledge to make our society tobacco free”.

In order to commemorate World No Tobacco Day which is on 31st May 2015, TCC Staff of Hospicio Hospital, Margao organize an awareness talk on 11/5/2015 at Panchayat Hall, Sanvordem on ‘Ill effects of tobacco’ in collaboration with an NGO Jan Ugahi working with street children and women with domestic violence. Mrs. Sneha Naik, Social Worker, gave a talk on ill effects of tobacco and drugs. Around 40 students and 7 staff of Jan Ugahi were present for the talk. We has an interaction session with the students, videos were shown to the students and in the end a pledge was taken by the students ‘We pledge to make our society tobacco free”.
Report of activities conducted on 31st May 2015

The District Level Coordination Committee for Tobacco Control under the Chairmanship of the District Collector, Dr. Sachin Shinde, organized a series of activities to mark World No Tobacco Day. All 7 Talukas Dy. Collector/Mamlatdars were directed to organize Taluka level activities like rallies, talks, poster exhibition etc. These were carried out in collaboration with Health Department, NGOs, Nehru Yuwa Kendra, Self Help Group, and Schools.

Street play held on 31/05/2015

To observe World No Tobacco Day on 31st May 2015, the District Tobacco Control Cell (South) organized Street Play at SGPDA Market Complex from 9am to 12.30pm. Dr. Doreen Dias, District Nodal Officer (NTCP), Dr. Geeta Kakodkar, State Nodal Officer (NTCP), Dr. Sanjay Dalvi Health Officer- UHC Margao, Dr. Martha Fernandes, Health Officer-PHC Cansaulim, Dr. Abhish Naik Medical Officer- PHC Loutolim, Mrs. Synora Marques Incharge of Fr. Agnel Vocational training Institute, Mr. Roland Martins Coordinator GOACAN, Lorna Fernandes Secretary GOACAN, Staff of Tobacco Control Cell and all the participants attended the programme. The participating teams were PHC Loutolim, PHC Cansaulim, Urban Health Centre Margao, Hospicio Hospital and students of Fr. Agnel Vocational Training Institute. They created awareness to the public through their play on tobacco and its harmful effects on health. Banners and posters were also displayed in the market complex.
Sand Sculpture Competition held on 31/5/2015

The Tourism Department organized Sand Sculpture Competition at Colva Beach on 31st May 2015 to mark World No Tobacco Day. There were 9 participants who participated in sand sculpture. Dy. Director Gracious Flor, welcomed the gathering of Chief Guest, Dr. Sachin Shinde, Collector South, Dr. Doreen Dias, District Nodal Officer - South, Dr. Angelica S Gomes, Medical Superintendent Hospicio Hospital, Margao. Dr. Doreen Dias appreciated the participants for taking active part in this activity.
Quiz Competition held on 2/6/2015

The District Tobacco Cessation Center (South) organized Inter Hospital quiz competition on tobacco and its ill effects was held on 2nd June 2015 at Urban Health Centre Margao. Dr. Deepa Correia Afonso, Sr. Surgeon, Hospicio Hospital welcomed the gathering of Dr. Doreen Dias, District Nodal Officer (NTCP), Dr. Angelica Siona Gomes, Medical Superintendent, Hospicio Hospital, Dr. Sanjay Dalvi Health Officer Urban Health Centre Margao, Dr. Lizette De Souza, Dr. Charlotte Dr. Martha Fernandes Health Officer PHC Cansaulim, Mr. Roland Martins (Coordinator GOACAN), Ms. Lorna Fernandes(Secretary GOACAN), TCC Staff and all the participants of various PHC/CHC/UHC/Hospitals. Dr. Doreen Dias District Nodal Officer highlighted the objective of World No Tobacco Day. Mr. Roland Martins GOACAN gave a talk on illicit trade in Goa and measures to be taken to prevent it. The Quiz Master Dr. Lizette De Souza conducted the Quiz. The winners and the participants were distributed certificates and prizes. Refreshment was served to all. Dr. Doreen Dias gave vote of thanks to the organizers and all the participants for taking part in the quiz competition.
Mamlatdar Quepem
Organised Taluka level programme on the following theme on 31 st May 2015 as follows;

1. World NO Tobacco Day
2. National Election Roll Purification and Authentication Programme (NERPAP)
3. Save the Girl Child

Accordingly a rally was flagged off by Deputy Collector/ SDO Quepem alongwith Chief Guest of the function Dr. RajendraBorkar. More than 200 participants participated in the rally comprising of all BLOs, Anganwadi Workers, Volunteers of Nehru Yuwa Kendra, staff of Mamlatdar Office, D. Collector Office Quepem, OHC Quepem, ICDS, Quepem, Quepem Municipal Council/ Councillors. Etc.

The participants were provided with banners/posters based on the above mentioned themes. The rally commenced from the premises of Mamlatdar office and encircles the municipal garden and thereafter gathered at the Quepem Municipal Hall for the programme.

Dignitaries on the dais were Chief Guest Dr. Rajendra Borker Health Officer, PHC Quepem, Guest of Honour Mr. Dayesh Naik, Chairperson QMC, S.B. Gaonkar, Dy. Collector , Mr. Pramod Dessai chief officer,QMC, Mr. Laxmikant Kuttikar,Jt. Mamlatdar Quepem, Mr. Prataprao Gaunker, Mamlatdar Quepem.

The Chief Officer highlighted the importance of one’s health and therefore the need to take steps to keep fit. Dy. Collector briefed about the importance of NERPAP and its advantages in the future in having a electoral roll with aadhaar card linkage and that all over India the Electoral roll could be viewed and at the time of enrolment of names there will be no problems in locating a particular applicant. Mr. Uday Tamankar, Sanitary Inspector, PHC Quepem spoke on the save girl child and elaborated the importance of girl child in todays world.

The chief guest highlighted on the World No Tobacco Day and the harmful effects of tar & nicotine on human health. He also specified that the other name for cancer is tobacco. He further congratulated the audience who had remained present in large number although it was a Sunday- a resting day.

Mamlatdar Quepem welcomed the guests and briefed about the importance of todays function. Three BLO who had completed the work allotted to them under NERPAP were congratulated for giving their 100%. Shri Viraj Malkarni, Awal Karkun of this officer proposed the vote of thanks and Shri Santana Gomes, head clerk compere it.

Overall it was a very successful programme.

Dy. Collector & SDO Ponda
Organised rally with the help of NYK, Health Department, and with the support of ADEI & APEO Ponda. About 400 participants participated in the rally. Rev. Fr. Felix Lobo, Manager of St. Joseph High School, Usgao spoke a few words and so too Dr. NutanDev Health Officer PHC Ponda.

**Programme held under Directorate of Health Services**

**North Goa**

The programme to be conducted for World tobacco day was discussed at the District level Meeting on 8.5.2015 chaired by the Collector North Goa M/s Neela Mohanan, District Nodal Officer NTCP Dr. Shahin Sayyed, Dr. Geeta Kakodkar-State Nodal Officer and other attendees including Mamlatdars and Mr. Roland Martins of Goa Can

**PHC Betki**

Awareness Programme was conducted at Zaidin, Khandola and Tremara Community Centre, Indira Nagar, Chimbel on 18/5/2015 and 27/5/2015 respectively, during which Health talks were given & IEC material was distributed.

**PHC Siolim**

Various activities on tobacco use and its side effects were conducted at Scapes Construction, Guddem, Naikwada, Verla Canca and Gublawada Anganwadi Oxel

**PHC Sankhali**

Health talks were given at PHC Sankhali premises and Alcon Cement Factory, Surla.

**PHC Corlim**

Street plays were organized by the staff of PHC Corlim and various other IEC activities were conducted at PHC Corlim and MVR construction, Bambolim

**PHC Bicholim**

Awareness Programme was conducted on 8/6/2015 at Anganwadi Rolling Mill.

**PHC Aldona**

Various IEC activities were conducted at Saloi Soccorro Porvorim, Moira Corjuem, Calvim and Pomburpa for locals, migrants and adolescents,

**PHC Colvale**

IEC activities on ill effects of tobacco were conducted at Sand Extraction Site Tarwado Colvale, Vedant Pvt. Ltd, Sirsaim, Riviera Gardenia construction site, Revora, Saudre construction site and also at all 27 Anganwadis during monthly VHND meetings.

**PHC Cansarvornem**

IEC Activities were conducted at PHC Cansarvornem, Oxelbag Dhargal, Nagzar.

**PHC Candolim**
Health talks on tobacco were given to the staff and teachers of St. Joseph Boys High School.

**CHC Pernem**
Inspection of tobacco sale on shops near high school at Arambol by Health Officer and Sanitary Inspector. Rally was conducted at Shri Durga High School Parse Pernem. IEC activities were conducted at CHC Pernem and Arambol for Anganwadi workers and public.

**UHC Panaji**
Activities were conducted at Kadamba Transport cooperation hall at bus stand and Hotel Fidalgo, Panaji for Hotel staff.

**CHC Valpoi**
On 1/6/2015, Public including youth and students raised a human wall at Valpoi town during the programme which was organized by CHC Valpoi in collaboration with JCI Valpoi.
Youth festival on anti-tobacco was organized on 13/6/2015 at CHC Valpoi conference hall by CHC Valpoi in collaboration with Phoenix Socio Cultural Association.
**UHC Mapusa**
Anti tobacco talks were given at IDC Karaswada, Anganwadi Kuchelim, Mapusa.

**SOUTH GOA**

**PHC Ponda**
Rally was conducted on 31/5/2015 at Tisk Ponda by Dy. Director Ponda under collector office south. Health Officer alongwith the PHC staff participated in the rally. Awareness Programme was conducted at SDH Ponda, Anganwadi Dattagad and Anganwadi Nestle.

**PHC Quepem**
In association with Vice Principal of Govt. College, Quepem various IEC activities were undertaken at College premises.

**PHC Sanguem**
Health talks were given at Sanguem bus stand in collaboration with Mamlatdar Sanguem. Rally was conducted with the active participation of MLA Sanguem Shri.Subhash Phal Dessai
PHC Cansaulim
Street play was conducted followed by rally which was organized by PHC Cansaulim. School students participated in the rally.

PHC Curtorim
WNTD observed at Mollwado Chapel Hall, San Jose de Areal Sub Centre. Extension Educator gave talk on types of tobacco products used in India, harmful content of tobacco, effects of tobacco on health. 29 participants were present for the talk.

PHC Chinchnim
Poster drawing competition was held for std IX of Mount Mary’s High School and std XI and XII of Mount Mary’s Higher Secondary School.
**PHC Balli**
Awareness programme was conducted on 31/5/2015 for Industrial Workers. Health day was conducted at Maddicotta Anganwadi under PHC Balli.

**PHC Cortalim**
Programme was conducted at PHC Cortalim and also at Quelossim, Nagao, Verna.

**PHC Shiroda**
IEC activities were conducted on 25/5/2015 at Anganwadi under S/c Paz and at Karai, Vazangal.

**PHC Marcaim**
Awareness programme was conducted on 16/6/2015 at High School Veling Priol

**PHC Pillem-Dharbandoda**
Anti tobacco Health Talks were given at residence of Chitra Chari at Siddheshwarnagar Tisk Usgao,
PHC Pillem. Rally was conducted by Dy.Collector Dharbandora under Collector Office South, PHC Pilliem participated in the rally.

**PHC Loutolim**
IEC was conducted with Alcoholic Anonymous at Loutolim school building on 7/6/2015.
Street play was organized at SGPDA Market

**CHC Canacona**
Health talks were given at CHC Meeting Hall, S/c Agonda, S/c Talpon, S/c Colomb, S/c Gawal and Shri Katyani Baneshwar High school Canacona

**UHC Margao**
Participated in the street play.

**CHC Curchorem**
Health talk was given by Health Officer at CHC Curchorem and also IEC activity was conducted at Dhamal under S/c Xeldem for Adolescent girls.

**UHC Vasco**
WNTD observed by UHC Vasco. A talk on ill effects of tobacco was given to Staff, Anganwadi workers and patients in the hall of Cottage Hospital Chicalim on 26/05/2015. The ill effects of Tobacco were discussed by Health Officer. Tobacco not to be sold near schools and Colleges, and fine imposed on violators were also discussed. There were around 60/70 people present for the talk. On 29th May 2015 a street paly was organized in the slum area of Baina highlighting the ill effects of tobacco. The staff of UHC Vasco participated in the Street play.